CLAIMS

I claim:

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2.

1. A method of applying antiseptic to an oral appliance, comprising the steps of:

providing a liquid antiseptic in a spray dispenser; holding the oral appliance; and

spraying the antiseptic on the oral appliance; whereby the antiseptic is applied to the oral appliance outside of a user's mouth.

- 2. The method of applying antiseptic according to claim 1, wherein the spray dispenser is a single use disposable container, the method further comprising the step of disposing of the spray dispenser when the antiseptic is exhausted.
- 3. The method of applying antiseptic according to claim 1, wherein the antiseptic comprises mouthwash.
- 4. The method of applying antiseptic according to claim 1, wherein the spray dispenser comprises a pump sprayer.

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5. The method of applying antiseptic according to claim 1, further comprising the step of removing the oral appliance from the user's mouth prior to spraying the oral appliance.

- 6. The method of applying antiseptic according to claim 1, further comprising the step of inserting the oral appliance into the user's mouth after spraying the oral appliance.
- 7. The method of applying antiseptic according to claim 1, wherein the oral appliance is selected from the group consisting of a denture, a retainer, a mouthpiece, and braces.
- 8. A portable, disposable, oral antiseptic spray dispenser, comprising:
 - a container made from a disposable material;
- a pump sprayer having a nozzle, the pump sprayer being disposed in the container;
- a removable cap attached to the container and disposed over the nozzle;
- a liquid antiseptic disposed in the container adapted for cleaning an oral appliance, the antiseptic having a volume dimensioned for a single application to the oral appliance; whereby a user cleans the oral appliance and disposes of the container.